**Individualised Safety &   
Support Plan (ISSP)**

**What is the ISSP for?**

The ISSP has two elements to it:

1. To provide you with the space to **action plan** the individual risks you have identified through the Checklist and any additional concerns that you or your client may want to address.
2. To provide you with the space to document a personalised safety plan: **options and advice** given to your client.

The aim, where practical, is to provide your client with an individual plan tailored to their situation that they can take away with them.

**How can I use it?**

1. **ISSP:** This is useful for looking at issues and risks identified through the Checklist and the Soag. It helps you and the client decide what to address and how to develop an action plan. Where practical, make sure you address all of the risks you have identified. You should use it to agree courses of action, establish timelines for completion and agree who is going to carry them out. An example of an action point might be to address the risk of weapons being used by the perpetrator towards the victim, while another may be to extend the client’s support networks by attending her local mother and toddler group. You will create new plans or refresh old ones as your client’s situation changes. While the initial action plan will prioritise immediate safety, the following plans you create will be able to look at short to medium term goals.

**Don’t forget to talk to your clients about the possibility of future violence/abuse, what they will do and what options will be available to them in these circumstances.**

1. **ISSP: options and advice:** All of the boxes on the options and advice pages are designed to cover the spectrum of options available to a high-risk domestic abuse victim. It provides you with space to document the options that are appropriate for the client but which they might not want to take up at this point in time. This needs to be kept up to date so that it reflects any change in local services/resources or available referral routes. We have created space for you to write in your local services contacts.

**We have included an options and advice aide memoire at the end of this manual (Appendix A), so that you can see the range of options generally available to the clients you’re working with.**

Once you have completed an ISSP make reference to it in the client’s case notes section, keep a copy in the client’s file and, where it is safe to do so, give a copy to your client.

For access to more generalised safety plans please see Women’s Aid’s The Survivor’s Handbook available through [www.womensaid.org.uk](http://www.womensaid.org.uk/).

Individualised Safety and Support Plan

**Is it safe to take this home with you? Where will you keep it?**

Notes to practitioner

Before filling this out complete a SafeLives Dash risk checklist

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Client name / ref** |  | | | **Intake date** |  | **ISSP date** |  | **Page** |  | **of** |  |
| **Created on** |  | **Reviewed on** |  | **Reviewed by** | |  | | | | | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **List the risk factors or issues you would like to address** | **Agreed action** | | **Who will do this?** | | **By when?** | **Date complete** | **Comment** | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
|  |  | |  | |  |  |  | |
| Created on |  | Reviewed on | |  | | Reviewed by | |  |

**Individualised safety and support plan**

**Options and advice**

**Is it safe to take this home with you? Where will you keep it?**

**Notes to practitioner**

Use this section to document the options and advice relevant to your client’s situation. Keep a copy on the client file and, if it is safe, give a copy to your client to take away with them

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Client name / ref** |  | **Page** |  | **of** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **General safety planning** |  | **Separating & post separation** |  | **If I need to leave, I will try and take with me...** |
| *Advice on: Routine/safety at home, work, social settings/plan escape route/code words* |  | *Code words/escape route/ plan for leaving/support post separation* |  |
|  |  | Click or tap here to enter text. |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Legal** |  | **Children** |  | **In an emergency, I will try to take...** |
| *Advice on: Criminal & Civil Options/police reporting/ court support/ breaches/ any child contact/residence/protection issues/ immigration/ probation involvement for client or [ex] partner or family member* |  | *[Ex]partner, family member access to children & school/PR status/CYPS ref/support for children* |  |
| Click or tap here to enter text. |  | Click or tap here to enter text. |  | Click or tap here to enter text. |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Financial** |  | **Housing and security** |  | **If I need to leave, I will try and take with me...** |
| *Advice on: Access to finances, benefits/housing areas/D&A or immigration issues affecting finances* |  | *Advice on emergency and longer term housing option/security measures/ fire assessment* |  |
| Click or tap here to enter text. |  |  |  | Click or tap here to enter text. |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Health and wellbeing:** |  | **Additional support factors:** |  | **In an emergency, I will try to take...** |
| *Advice on immediate medical needs, access to sexual and general health services, mental health services and whether client has disabilities compounding situation* |  | *D&A/mental health/disability* |  |
| Click or tap here to enter text. |  | Click or tap here to enter text. |  | Click or tap here to enter text. |

|  |  |
| --- | --- |
| **The service can be contacted on:** | Click or tap here to enter text. |
| **We are open:** |  |